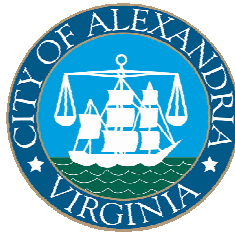




alexandria community services board

annual report fiscal year 2008



Department of Mental Health, Mental Retardation and Substance Abuse

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message from the chair and executive director

The Alexandria Community Services Board (CSB) was established in 1969 to set policy for and administer Alexandria's publicly-funded mental health, intellectual disability and substance abuse services. The CSB is a group of citizen volunteers who are appointed by and report to the City Council.

In collaboration with the City Manager, the CSB selects an Executive Director who also serves as the Director of the City's Department of Mental Health, Mental Retardation* and Substance Abuse. Most of the CSB's services are provided through the Department; however, the CSB also purchases services from private contractors. The Department has an administrative division and three operating divisions: Acute and Emergency Care Services, Extended Care Services, and Child, Family and Prevention Services.

* While the Department's name has not changed, the term *intellectual disability* has replaced the term *mental retardation*.

Dear Friends,

We welcome this opportunity to share with you some highlights of the Alexandria Community Services Board's accomplishments during FY 2008. With the support of CSB staff, Board members, volunteers, private vendors and the Alexandria City Council, we served 4,342 Alexandrians with mental illness, intellectual disabilities and substance dependency.

The Board updated its long-range plan and revised its Vision, Mission and Value statements to reflect mental health reformers' vision of a client-driven system in which the driving value is respect for client choice. Collaboration, engagement and empowerment are the attributes of a client-driven system as envisioned by the Recovery Movement.

The CSB continues to implement evidence-based and best practices across the Department. The CSB's new Housing Plan, approved by City Council in June, reflects a recovery-oriented, best practice model in which any future expansion would not require the client to receive treatment services in order to receive housing.

In the aftermath of the Virginia Tech tragedy, many significant law changes were considered and adopted during the 2008 Virginia State Legislative session, and CSB staff members were consulted extensively throughout this process. State funding was received for additional staff to implement the changes.

As part of the CSB's larger efforts to expand opportunities to keep persons with mental illness out of the criminal justice system and decrease recidivism, a new, state-funded Forensic Discharge Planner worked with clients transitioning out of the Alexandria Detention Center. In addition, admission criteria and clinical programming at the Mill Road Detox program were expanded and a protocol with the Alexandria Police Department was implemented to help increase the number of clients who could receive services, rather than be incarcerated. A state report this year showed Alexandria CSB ranked 1st of all 40 CSBs in general satisfaction, outcome and functioning domains for clients receiving services for substance use disorders.

Hundreds of additional Alexandria residents are served each year through the CSB's Child, Family and Prevention Division's outreach efforts in the schools and the community. This year, the division expanded its capacity by 20% through grant funding. An outreach event with author Kay Redfield-Jamison was attended by 400+ community members.

We extend our appreciation to CSB staff and volunteers, and to members of City Council for their ongoing support. Your comments and suggestions are encouraged and appreciated.

Sincerely,
Mary Riley, Chair
Michael Gilmore, Ph.D., Executive Director

vision, mission and values

Vision

Alexandria residents whose lives are affected by mental illness, intellectual disabilities and substance use disorders are able to achieve and maintain the highest possible level of satisfaction in relationships, work and community life.

Mission

The Alexandria CSB provides compassionate and effective services that support self-determination, recovery and resiliency for residents affected by mental illness, intellectual disabilities and substance use disorders.

Values

Access – We make our services available without discrimination regardless of one's ability to pay, language, cultural background or sexual orientation.

Collaboration - We partner with clients, families, service providers, and community members to ensure that our services are responsive, accessible and efficient.

Competency – We employ a skilled, diverse, motivated, well-trained, and empathetic staff recognized for creativity and professional achievement.

Continuous Improvement – We strive to continually improve our services and employ ethical and innovative best practices proven to be effective.

Cultural Competency – We embrace and incorporate the cultural backgrounds, values, and preferences of the people we serve in the development and delivery of our services and supports.

Dignity and Respect – We honor the diversity, dignity, rights and choices of clients and families while making the consumer the center of our services.

Prevention and Early Intervention – We design our services to create a healthy emotional climate and lessen the negative effects of mental illness, intellectual disability and substance abuse in our community.

Stewardship and Accountability – We are responsible stewards of the resources entrusted to us and are accountable for our actions and outcomes while being responsive to community needs.



*Michael Gilmore, Ph.D.,
Executive Director*

fy 2008 board members

Chair

Mary Riley

Vice Chairs

Tiffeny Sanchez

Mary Anne Weber

Masharia Holman

Members

Ruth Chamowitz

Joseph Dunn

Terence Everitt

James Gladden

Mary Morrow-Bax

Roberta New, Ph.D.

Amber Nightingale

Dana Payne

Robert Pinney, M.D.

Lourdes Quinteros

Susan Thompson

financial information

fy 2008 city government

Mayor

William D. Euille

Vice Mayor

Redella Pepper

City Council

Ludwig Gaines

Rob Krupicka

Timothy Lovain

Paul Smedberg

Justin Wilson

City Manager

James Hartmann

The numbers below reflect the CSB's activities for FY 2008.

Expenditures by Service Area ¹

	\$ (Millions)	% of Total
Acute and Emergency Care	10.76	35.0%
Extended Care	15.01	50.0%
Child, Family and Prevention	<u>4.54</u>	15.0%
Total	30.31	

Revenues by Source ²

	\$ (Millions)	% of Total
City of Alexandria	17.25	57.0%
Commonwealth of Virginia	5.39	18.0%
Medicaid	3.50	12.0%
Federal Government	2.31	8.0%
Consumer Fees, Insurance Fees and other Revenue	<u>1.86</u>	6.0%
Total	30.31	

fy 2008 staff leadership team

Michael Gilmore, Ph.D.
Executive Director

Jane Hassell
Director, Administration

Carol Layer, LCSW
Director, Extended Care

Deborah Warren, DCSW
Director of Child, Family
and Prevention

Liz Wixson, LCSW
Director, Acute &
Emergency Care

Jim Fleming
Fiscal Analyst

Will Thompson
Administrative Assistant
to the Executive Director

¹ Administration expenditures totaling \$3,087,549 (11% of total expenditures) were allocated to the service divisions as overhead and are included in the division expenditures shown above.

² Percent of Total Revenues does not add to 100% due to rounding.

client and city demographics

The CSB served an *unduplicated* total of 4,342 Alexandrians during FY 2008. Of them, 3,161 received Acute and Emergency Care Services, 1,171 received Child, Family and Prevention Services, and 895 received Extended Care Services. Because some individuals received services in more than one division, the division numbers add to more than the total.

Client Income

Because the CSB primarily serves people with low incomes, there is a significant difference between the City's median household income of \$80,449 ¹ and that of CSB clients. Nearly 42% of CSB clients earned \$4,999 or less annually. Approximately 21% earned between \$5,000 and \$9,999; 13% earned between \$10,000 and \$14,999; 13% earned between \$15,000 and \$24,999; and 11% earned \$25,000 or more.

The racial make-up of CSB clients is not reflective of the City population. Approximately 46% of clients were African American, compared to 23% City-wide. Whites comprise 31% of clients, compared to 60% City-wide. Hispanics, who are represented here within several racial categories, made up 20% of clients, compared to 15% City-wide. Other races made up 23% of CSB clients compared to 12% City-wide.

Client Race

Nearly half (44%) of CSB clients were aged 30-54, compared to 44% City-wide. Children made up 27% of clients, compared to 18% City-wide with 14% aged 10-19 and 13% aged 0-9. Persons aged 20-29 comprised the next largest age group (17%), compared to 21% City-wide. Only 11% of clients were age 55 or older compared to 17% City-wide.

Fifty-two percent of CSB clients were female, compared to 52% City-wide, and 48% were male compared to 48% City-wide.

Client Age

¹ U.S. Bureau of Census, 2006 American Community Survey

persons served by extended care services



Dana Woolfolk,
*Comprehensive Recovery
Coach, with Jenifer Kane,*
*Comprehensive Recovery
Team Supervisor*

Case Management coordinates services, monitors the long-term care clients receive from CSB programs and other agencies, and helps clients maintain their entitlements. There were 466 persons served in mental health case management, 128 served in substance abuse case management and 107 in intellectual disability case management.

Day Support provides rehabilitative work and activities and support for persons with mental illness or intellectual disabilities. There were 174 persons who received mental health day support at the West End Clubhouse and 45 who received intellectual disability day support at Alexandria Vocational Services or through a CSB-funded vendor.

Vocational Services helps people with disabilities develop job skills and obtain employment.

Individual Competitive Employment helps people to find and maintain employment in the community. There were 69 persons with mental illness or an intellectual disability who participated.

Group-Supported Employment enables groups of persons to work in the community with support and supervision. There were 17 persons with mental illness or an intellectual disability who participated.

Sheltered Employment provides work at a discrete site, where clients learn skills, work under the supervision of staff and earn wages. There were 3 persons with mental illness or an intellectual disability who participated.

Residential Services provides permanent or transitional living arrangements, support, supervision and training for persons with mental illness, an intellectual disability or substance dependency.

Group homes provided housing, training, support and supervision to 87 people.

Supervised apartments provided housing and support services to 129 people.

In *Contracted Residential Treatment*, the CSB pays for a person to go to a live-in treatment facility for substance dependency. There were 36 persons who received contracted residential treatment.

In *Supported Living*, persons live in non-CSB residences while receiving drop-in support from CSB staff who assist them with daily living skills. Supported Living served 74 persons with mental illness or an intellectual disability.



**Staff and residents of
Taylor Run Group Home.**

highlights of extended care services

The Case Management Unit was re-named the Comprehensive Recovery Team to reflect the team's transformation to the Recovery Model of service. In further support of this best practice-implementation, a Peer Support group started; the use of Wellness Recovery Action Plans (WRAP) was initiated; and staff, clients and family members attended a two-day Recovery training by The Institute for Recovery and Community Integration.

The West End Clubhouse maintained high attendance and expanded activities and groups to include programming on Recovery and its principles of hope, education, personal responsibility, empowerment and advocacy. The Clubhouse focused on health and wellness education for the members, culminating in elimination of a smoking area, which was transformed into an exercise space. Members of the Clubhouse formed a volunteer group called "The Alley Cats" that participated in community projects such as visitations to a nursing home, a local walk fundraiser, cleaning up Ft. Ward Park and the area around the future Safe Haven site, gift-wrapping and distributing toys, and coordinating a food drive to replenish a local food bank.

Mental Retardation Services was re-named Intellectual Disability (ID) Services. People with intellectual disabilities and their families generally find this term less stigmatizing, and it is more congruent with contemporary language in the field. All ID Residential, Case Management and Vocational staff received training in Universal Enhancements and Person Centered Planning, two best practice initiatives that promote community participation and support people with intellectual disabilities in having a quality life. This resulted in increased work opportunities for clients and greater engagement and participation in all aspects of their lives.

The CSB completed its FY09-FY10 Housing Plan, which identifies the highest priority supported-housing needs, gaps in services and proposals by which the needs can be met. The priorities are: increase access to affordable housing, provide supportive services to persons within their own housing, and add a group home to serve those with a mental illness or co-occurring substance use disorder who require intensive support.

The Supported Living Program accepted 25 ARHA new Housing Choice vouchers. In the Supported Living Program, residential staff provide individualized services to persons residing in their own leased units. This maximizes choice for the residents and permits services to be tailored to meet their needs.

The Grayson Street residential facility for persons recovering from a substance dependency was renovated. With the assistance of student volunteers from the Art Institute of Washington, the home underwent a dramatic interior re-design.

Work continued on development of the Safe Haven site. The Safe Haven will provide supportive services and housing for 12 homeless persons who have mental health and co-occurring substance use disorders. Safe Haven is scheduled to open in the fall of 2009.



*Melanie Yeoman, ID Tech,
with a client at the
Vocational Services picnic.*

persons served by acute & emergency care services

Mental Health and Substance Abuse Services provides individual and group therapy and psychological testing. There were 459 adults and 70 older adults who received mental health services and 119 persons who received psychological testing. There were 600 adults who received substance abuse services.

Short-Term Case Management coordinates services, monitors the short-term care clients receive from CSB programs and other agencies, and helps clients maintain their entitlements. There were 167 persons served in mental health case management and 113 served in substance abuse case management.

Emergency Services (ES) provides 24-hour-a-day telephone and face-to-face crisis intervention services to individuals having a serious mental health and/or substance abuse problem. Clinicians respond to emergency calls from persons in crisis or from others in the community. ES responded to requests for services for 569 individuals.

Adult Detention Center Services helps inmates adjust to incarceration and provides therapeutic programs. The Sober Living Unit (SLU) helps inmates addicted to drugs and alcohol develop skills for a life of sobriety. The Critical Care Unit stabilizes persons with psychiatric crises. Staff working in the general jail population provide individual and group counseling. There were 139 inmates who received substance abuse services and 711 inmates who received mental health or emergency mental health care.

Social Detoxification provides a short-term treatment environment for persons who are withdrawing from alcohol or drugs and works with them to accept ongoing treatment as appropriate. There were 432 people served in the program.

The Opioid Treatment Program helps adults stop using narcotics by prescribing and monitoring the medications Methadone and Buprenorphine. These medications do not produce a "high" and minimize the discomfort of withdrawal. Clients participate in regular counseling sessions and abstain from illegal drugs and alcohol while in the program. There were 119 persons who received opiate treatment.

The Psychiatric Services Unit coordinates psychiatric and nursing services. Medical and nursing staff work to maximize clients' functioning through the use of medication, monitoring and education. The Unit served 1,387 clients.

Geriatric Mental Health staff provided 784 hours of prevention services to seniors in Alexandria in order to enhance their well-being and resiliency, promote mental health care and prevent high-risk behaviors.



Opioid Treatment Program Staff: Front: Judi Booker, Therapist Supervisor and Lynn Smith, Nursing Supervisor. Back: Susan Tatum, Team Leader; Kim Burson, Therapist; Dr. Kurt Brandt, Medical Director; Tony Muccio, Therapist Supervisor and Shawnita Seau, Case Manager.

highlights of acute and emergency care services

The Regional Older Adults Facility and Treatment (RAFT) program was initiated. RAFT is a state-funded regional program that addresses the needs of geriatric persons with mental illness. The project provides funding and staffing for older adults to receive specialized services at local assisted living and nursing facilities.

The Outpatient Mental Health and Substance Abuse Teams expanded their "Motivational Treatment" offerings. Motivational Treatment is designed to serve clients who are in the early stages of treatment and often mandated into services by another agency such as Probation and Parole. Groups include Anger Management, Discovering Possibilities and Recovery Space. These groups are designed to help clients identify and define their issues, and begin to move toward making changes.



Making posters about recovery at a Recovery Month event.

Many significant law changes were considered during the 2008 Virginia State Legislative session, in part due to the Virginia Tech tragedy. CSB staff were closely involved with this process and in preparing for the changes in law that took effect July 1, 2008. The most significant changes include the enactment of amendments to the civil commitment statute and defining the monitoring/reporting process for persons who are ordered into mandatory outpatient treatment.

In the Detox Unit, clinical programming expanded and clients began regular participation in several additional educational and treatment groups. Admission criteria were expanded and now include a focus on co-occurring disorders. A protocol with the Alexandria Police Department was implemented to increase the number of jail diversion clients that Detox serves.

A new Forensic Discharge Planner position was hired to work with clients transitioning out of the Alexandria Detention Center. This position is one important component in the Department's larger efforts to expand opportunities to keep mentally ill persons out of the criminal justice system and decrease recidivism.

The name of the Methadone Program changed to the Opioid Treatment Program. This name better reflects the services that the program now offers (methadone and buprenorphine treatment).

Psychiatric staff began a new program called "Med Matters." This idea grew out of staff's efforts to be more "welcoming," particularly to some of the Department's traditionally difficult-to-engage clients. Each week, two hours of psychiatric time are "blocked-off" for clients who may be having difficulty attending regularly scheduled psychiatric appointments.

State Consumer Satisfaction Survey results revealed that the Alexandria Outpatient Substance Abuse programs were rated number one in the state for consumer satisfaction!

The "Change Agent Team" was developed. The team serves as a place to discuss ideas and resolve challenges related to becoming dual diagnosis competent and Recovery Model oriented. Team members represent all CSB programs.

persons served by child, family and prevention services

The Child Family and Prevention Division expanded its capacity through grant funding and served 20% more youth than the previous year.

Youth and Family Outpatient Services provides individual and group therapy to children, parents and families. These services are provided at the CSB's main center, at the Adolescent Health Clinic, in Alexandria Public Schools and through the Drug Court. There were 493 persons who received mental health and substance abuse services.

Home Based Services provides intensive, short-term crisis intervention and services to families with children who are at risk of being placed outside the home. There were 129 children who received Home Based Services.

The System of Care (SOC) Program, a grant-funded community partnership among families, youth, schools and public and private organizations to support children's mental health needs, provided mental health services to 57 children and case management to 24.

The Parent Infant Education Program (PIE) evaluates infant and toddler development and provides early intervention to those with disabilities. There were 427 infants and toddlers who received PIE services.

The Juvenile Detention Center Mental Health and Substance Abuse Program provides screening, linkage to after-care services, parent engagement and support groups, family and individual therapy, and *Lifeskills 95*, a program designed to reduce recidivism in youth released from detention. This program served 63 youth.

The Preschool Prevention Team provides on-site mental health services, social skills development, behavior management and parent and staff training. The program delivered the *AI's Pals* curriculum, which increases social skills and reduces problem behaviors, to 359 children in Alexandria classrooms and of these, 73% increased their social skills and 69% reduced problem behaviors. Staff provided 917 consultations to teachers and 397 consultations to parents regarding their children. In addition, the Team provided 75 parent workshops and 30 teacher workshops.

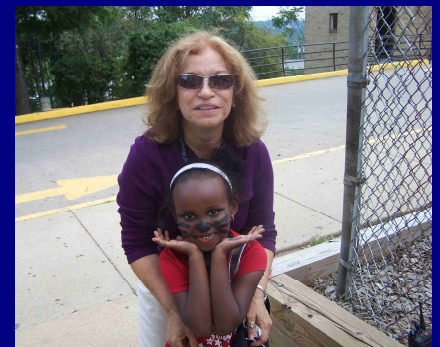
Substance Abuse Prevention and Early Intervention outcomes showed that:

92% (619/675) of a sample of participants in Prevention programs reported increased knowledge of and/or improved attitudes or behaviors towards high risk behaviors, 97% (957/982) of a sample of participants in Prevention programs were satisfied with services, 100% (23/23) of a sample of participants in Early Intervention services reported increased knowledge of and/or improved attitudes or behaviors towards high risk behaviors, 100% (23/23) of a sample of participants in Early Intervention services were satisfied with services, 99% (547/560) of a sample of participants in Prevention programs were satisfied with accessibility to services, and 100% (32/32) of stakeholders were satisfied with services.



Volunteer Patsianne Misiti tutoring children at the CSB's Brent Place Mentoring Program.

Prevention Therapist Amalia Quiñones with a child at Brent Place.



highlights of child, family and prevention services

The Division held its first retreat. Each program gave an interactive presentation; staff participated in team-building and set goals for the future.

The Home Based Team received a grant to provide two social skills groups to children at Carpenter's Shelter: Youth of Promise and Teens of Promise. An art therapy component allows kids to express themselves creatively and showcase their work. Therapists conduct mental health assessments of all children in the shelter.

The Division Director was appointed to the Alexandria Community Policy and Management Team where she spear-headed a retreat that resulted in a goal of removing children from residential treatment and returning them to community-based care. Largely through the work of the CSB's **System of Care Program**, there was a 21% decrease in the number of children in residential programs in the three-month period following the retreat.

The Youth and Family Unit received a grant to train all clinical staff in *Seven Challenges*, an evidence-based treatment for adolescents with substance abuse problems. Dialectical Behavior Therapy groups and Wrap Around Planning, both evidence-based practices, are offered throughout the Division.

The Parent Infant Education Team, as part of the Infant and Toddler Connection of Alexandria, sponsored a Red Flag Workshop that educated 200 parents and professionals about common indicators that a child needs assessment and early intervention services.

Division staff partnered with the Partnership for an Healthier Alexandria's Anti Stigma Task Force and with **Friends of the Alexandria Mental Health Center** for several community events: *Helping the Addict You Love*, by Dr. Lawrence Westreich; *The Inner World of a Suicidal Youth: What Every Parent and Health Professional Should Know*, by Dr. Millie Osborne; and *Personal and Professional Perspectives on Depression*, by Kay Redfield-Jamison.

The Substance Abuse Prevention Coalition of Alexandria (SAPCA), supported by Division staff, obtained a five-year \$600,000 federal grant to fund a coordinator and coalition activities. In the first year, SAPCA is building community awareness and developing intervention strategies to reduce youth substance use.

The Family Partner Program, a new, grant-funded position, supported families with seriously emotionally disturbed children, facilitated monthly parent support groups and coordinated an event for 100 persons entitled *Too Young To Die: Teen Suicide*.

The School-Age Prevention Team ran 23 programs in 16 locations with 75 classrooms/groups, reaching 1,400 children and parents. Half participated in the science-based programs LifeSkills, Get Real About Violence, Too Good for Drugs, Project Alert, Al's Pals and Not on Tobacco. The rest participated in the best-practice programs Decisions 101, the Untouchables, Brent Place Mentoring, Kids are Terrific Camp, Young Stars Success, Hablemos en Confianza and Global Girls Book Club.



Prevention Therapist Andres Acosta and Members of the "Youth of Promise" Group at Carpenter's Shelter presenting their mural "Spectacular Candy."

highlights of administration

Technology Services and the Quality Assurance Program worked collaboratively to test and plan for the implementation of Anasazi's Client Actions Notifications module. This new module of the electronic client data system will help clinicians more consistently meet client documentation deadlines.

Technology Services, Health Information Management and the Quality Assurance Program continued leading the CSB's transition to a fully electronic record. By the end of the fiscal year, the paper charts contained only information that could not be stored electronically with the CSB's existing technology. The focus in FY 2009 will be on implementing client electronic signature pads and document management (scanning documents and associating them with the appropriate electronic consumer records) to complete the transition to a fully electronic record.

Quality Assurance (QA) led the department in maintaining its commitment to CARF standards and improving procedures. QA prepared the CSB for its September 2008 CARF survey of the Opioid Treatment Program.

Technology Services staff developed an electronic Incident Reporting Form, which greatly streamlined the paper process. The electronic system allows for easier and more comprehensive reporting on incidents and trends.

Health Information Management (HIM) staff held its second annual HIM Week. The 2008 theme was "The Strength of Technology, the Power of Care." The 2007 theme was "Accuracy You Can Count On, Information You Can Trust." The purpose is to educate staff and raise awareness about health information management. HIM staff provided staff with tours of the record rooms and information about medical record procedures.

Program Evaluation staff served on the Statewide Data Management Committee that reviews and recommends data policy for all 40 CSBs. Staff helped develop the Community Consumer Submission, which reports outcome data for all CSBs to the State. Staff collaborated with other CSBs in developing the technical requirements for the vendor, Anasazi, to make the computer programming changes required to extract data.

Reimbursement staff implemented a new Debt Set-Off Procedure for delinquent accounts, resulting in an increase in revenue collected.

Medicaid revenues continued to increase with FY 2008 revenues showing a 10% increase over FY 2006.

There were 66 volunteers who provided over 3,000 hours of service. Volunteer representative payees managed the finances of 75 clients, volunteers visited the residents of group homes, served as guardians for clients, and served on the board of Friends of the Mental Health Center. *Friends* responded to 100 requests for emergency assistance with consumer rent, utilities, medication and more.

A team of employees joined the City of Alexandria for a community-wide day of service, *Spring for Alexandria*. The CSB team worked at a group home where they stained a fence, weeded, seeded, mulched, trimmed hedges and planted.

Front: Allyson Coleman, Robin Crawley, Juan Palma, Yoryska Salazar, Julie Frye, Jennifer Cohen Cordero.
Back: Molly Schnure, Bill Rooney, Mike Gilmore, Doug Rizzo, Carol Layer, Tony Briggs, Jennifer McFarlane.



outstanding employees

Each year, the CSB recognizes individual employees and teams of employees whose quality of work and dedication have been extraordinary during the previous year. Staff awards are aligned with the CSB values. Nominations are submitted by CSB staff and reviewed for selection by a committee that includes Board members and CSB clients. Winners receive a plaque and a monetary award. In addition to the employee awards, the Board presents the annual Phill Bradbury Award, named in honor of the former CSB Chair and presented to the staff person who best describes how his/her job embodies the mission and values of the CSB. As always, the CSB salutes these award recipients and our many other outstanding employees.

individual employees

Sandra Cañas, Cultural Competency Award
Asta Lynch, Continual Improvement Award
Margaretrose Odigwe, Access Award
Mary Ellen Ruff, Collaboration Award

Audrey Jones, Esprit Award
Sam Priego, Stewardship Award
Tony Muccio, Phill Bradbury Award



Tony Muccio,
*Substance Abuse Therapist
Supervisor*

teams of employees

Access Award Medication Clinic Staff

Delores Brooks
Alice Cadow
Henrietta Edelin
Lucinda Mosley
Karla Zelaya

Continual Improvement Award Quality Assurance

Diana Sabados
Melissa Unruh
Justin Wise

Cultural Competence Award -Clubhouse

Carlin Brodie
Selene Butler
William Hibler
Pam Hottenstein
Craig Pearson
Kristine Sinclair
Abera Sumamo
Ndiri Uzowihe
Wendy Vaughn
Loretta White

Stewardship & Accountability Award - PIE Staff

Robin Crawley
Patty Eitemiller
Pam Little
Deatrice Williams

Phill Bradbury Award Peacock Group Home

Peter Etube
Tammblerae Felton
Mary Martin
Shavonne Stevens
Dawn Swistak
Robert Walker
Joyce Woulard

Esprit Award- Cultural Competence Committee

Sorin Cetina
Elaine Edge
Omayra Hunt
Juliete Milushev
Juan Palma
Abera Sumamo
Will Thompson

Collaboration Award Change Agent Team

Judi Booker
Judy Carter
Jennifer Cohen Cordero
Allyson Coleman
Linda Darrell
Lynn Fritts
Sharon Graham
Melissa Johnson
Gouss Joseph
Berline Juleau
Connie Juntunen
Jennifer Kane
Asta Lynch
Beverly Randall
Jodie Roberts
Bill Rooney
Diana Sabados
Susan Tatum
John Thomas
Ben Toma
Melissa Unruh
Wendy Vaughan
Justin Wise
Jonathan Zeitlin



Michael Gilmore, Ph.D.,
*Executive Director and
Venus Gatling-Spruill,
Administrative Officer.*

program site directory

720 North Saint Asaph Street

- # Alexandria Community Services Board Administrative Offices, 703-746-3400
- # Intake (Adult and Child), 703-746-3535
- # Emergency Care Services, 703-746-3401
- # Acute Care Services (Mental Health Center), 703-746-3400
- # Child, Family and Prevention Services, 703-746-3400
- # Communications, Volunteers and Human Rights, 703-746-3400

2355-A Mill Road

- # Substance Abuse Services, 703-746-3600
- # Detox Center, 703-746-3636

4480 King Street

- # West End Club, 703-746-3456
- # Parent Infant Education Program, 703-746-3350
- # Child Assessment and Treatment Center, 703-838-4708
- # Extended Care Administrative Offices, 703-746-3500

3105 Colvin Street 703-746-3333

- # Alexandria Vocational Services
- # Intellectual Disability Case Management

1900 North Beauregard Street

- # Center for Alexandria's Children, 703-838-4381

Residential Sites (Group Homes and Supervised Apartments)

- # Nine group homes throughout Alexandria
- # 169 residential program beds in group homes and apartments throughout Alexandria

Other Community Service Sites :

- # Adolescent Health Clinic
- # Alexandria City Public Schools and Recreation Centers
- # Alexandria preschools and Head Start classes
- # Alexandria Community Shelter and Carpenter's Shelter
- # Alexandria Detention Center
- # Alexandria Juvenile & Domestic Relations Court Services Unit
- # Alexandria Adult Probation and Parole Office